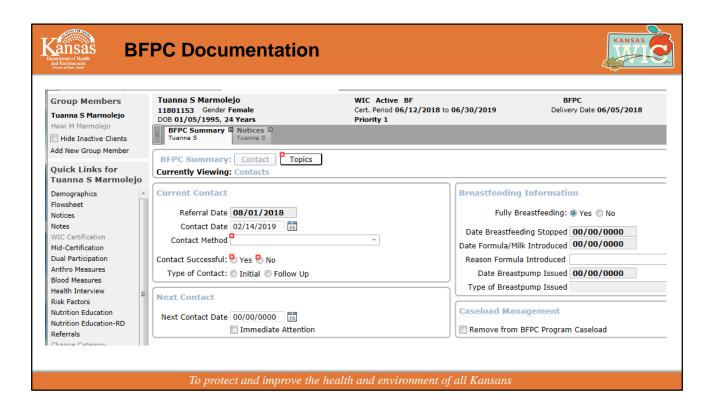




BFPC Quarterly Report

To protect and improve the health and environment of all Kansans

Hello and welcome to the BFPC Quarterly Report webinar. My name is Kara Watts and I am the State BFPC Program Coordinator. Today we are going to review how to complete and assess the quarterly report. Remember that the guidance document can help you navigate utilizing these reports! It is available on the Kansas WIC website under forms. I'd encourage you to first review it and then have it with you while you go through this recording. In addition, for specific steps on manipulating the Excel BFPC contact report, follow the instructions provided on the KS WIC website training page under breastfeeding.



Documentation is your record of contacts you make with each mother. This helps you remember what you told the mother, the mother's concerns, and what worked and what did not. It also outlines her next steps, or plan, of support.

Documentation protects you from liability because it is a permanent record of the advice you gave. It's also a record of whom you have referred a mother to if she experiences problems.

The information entered into the BFPC Summary screen is what is pulled into the BFPC contacts report. Review the guidance document for an outline of how to document each contact. If in doubt, just do your best. The idea is to have everyone document as similarly as possible, but there are limitations to making that happen. The most important thing is to just make sure that you document each contact that you make.

| | | | | В | FPC C | uarte | rly Re | port | | | | | |
|------------------|-----------------|--------|-----------------|-----------------|-------------------|-------------------|--------|-------|------------------|---------------|---------------|-----------------|-----------------|
| | | | | | | | | | | | _ | | |
| Agency/Clini BF | PC Co | ntacts | Repo | rt | | clients con | | | 4 | | | rter | • |
| Date: | | | | | PG & BF | WIC Case | load: | | Cas | seload I | Report | 3 rd | 4 th |
| BFPC Name: | | | | | Avg weekly hours: | | | | | Oct-Dec | Jan-March | April-June | July-Sept |
| BFPC Supervisor: | | | | | Clients/ | hour: | | ##### | | Due Jan 20 | Due Apr 20 | Due July 20 | Due Oct 20 |
| Groups/Classes | prepared | d for: | | | Contacts/hour: | | | ##### | | | | | |
| | | | | | | | | | ** 21 | lude BFPC | eval | | |
| | Contact Type | | | | | | | | | | | | |
| Category | Clinic Visit | Email | Social Media | Group/ Class | Home Visit | Hospital Visit | Mail | Other | Phone Attempt | Phone Call | Text 1-way | Text 2-way | Total |
| nitial Pregnant | | | | | | | | | | | | | 0 |
| Follow up Preg | | | | | | | | | | | | | 0 |
| nitial BF/PP | | | | | | | | | | | | | 0 |
| Follow up BF/PP | | | | | | | | | | | | | 0 |
| Total Contacts | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | BF | PC Co | ntacts R | Report | 0 |

There are 3 key numbers displayed on the quarterly report, once it's all completed. You will need to pull two separate KWIC reports in order to find these data points. The BFPC contacts report will give us the total number of contacts, as well as the number of clients contacted. The Caseload report will give us the total number of pregnant and breastfeeding women currently enrolled in WIC.



Quarterly Report: PG & BF WIC Caseload



Kansas WIC Program Caseload Management Report

For Sep 2018 as summarized on Oct 01, 2018

| | | | | Enrolled | | | | | | | | |
|-------------------------|-------------------|------------|-------------|------------|---------------------|------------|---------------------|------------|-------------------|------------|----------------|------------|
| | Received Benefits | | No Benefits | | Formula - Other Pgm | | Total Participating | | Not Participating | | Total Enrolled | |
| | Number | % of Total | Number | % of Total | Number | % of Total | Number | % of Total | Number | % of Total | Number | % of Total |
| WOMEN | | | | | | | | | | | | |
| Pregnant | 49 | 9.3 | 0 | 0.0 | 0 | 0.0 | 49 | 9.1 | 13 | 9.6 | 62 | 9.2 |
| Fully Breastfeeding | 11 | 2.1 | 0 | 0.0 | 0 | 0.0 | 11 | 2.0 | 12 | 8.8 | 23 | 3.4 |
| Partially Breastfeeding | 9 | 1.7 | 1 | 9.1 | 0 | 0.0 | 10 | 1.9 | 0 | 0.0 | 10 | 1.5 |
| Postpartum | 48 | 9.1 | 0 | 0.0 | 0 | 0.0 | 48 | 8.9 | 10 | 7.4 | 58 | 8.6 |
| Total Women | 117 | 22.1 | 1 | 9.1 | 0 | 0.0 | 118 | 21.8 | 35 | 25.7 | 153 | 22.6 |
| INFANTS | | | | | | | | | | | | |

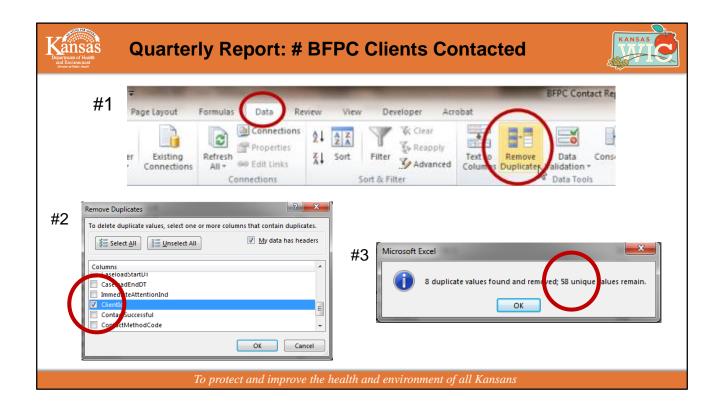
62+23+10 = 95 women actively enrolled in the WIC Program

To protect and improve the health and environment of all Kansans

Find the number of PG & BF women on WIC by running the Caseload management report. Run the most recent month's report available. Make sure to look at the number enrolled, not the number participating, and add up the pregnant, fully breastfeeding, and partially breastfeeding women. This is the pool of potential WIC clients for a BFPC to contact. You can see in this example that there are 95 PG and BF women actively enrolled in the WIC program.

| Isas Qua | arte | rly F | Repo | ort | | | | | | | | | KANSA |
|-----------------------|-----------------|--------|-----------------|-----------------|--|-------------------|---------|-------|------------------|---------------|---------------|-----------------|-----------------|
| BFPC Quarterly Report | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Agency/Clinic: | | | | | #BFPC clients contacted: Quarter | | | | | | | | |
| Date: | | | | | PG & BF | WIC Case | load: | 95 | Ca | seload l | Report | 3 rd | 4 th |
| BFPC Name: | | | | | Avg weekly hours: Clients/hour: Contacts/hour: ###### Due Jan 20 Due Apr 20 Due July 20 Due Oct: Contacts/hour: ** 2nd quarter must include BFPC eval Contact Type | | | | July-Sept | | | | |
| BFPC Supervisor: | | | | | | | | ##### | | Due Jan 20 | Due Apr 20 | Due July 20 | Due Oct 20 |
| # Groups/Classes | prepared | d for: | | | Contact | s/hour: | | ##### | | | | | |
| | | | | | | | | | ** 2 | nd quarte | r must incl | ude BFPC | eval |
| | | | | | | | | | | | | | |
| Category | Clinic Visit | Email | Social Media | Group/ Class | Home Visit | Hospital Visit | Mail | Other | Phone Attempt | Phone Call | Text 1-way | Text 2-way | Total |
| Initial Pregnant | | | | | | | | | | | | | 0 |
| Follow up Preg | | | | | | | | | | | | | 0 |
| Initial BF/PP | | | | | | | | | | | | | 0 |
| Follow up BF/PP | | | | | | | | | | | | | 0 |
| Total Contacts | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | | | | | | | | | | | | | |
| | | To pro | tect an | d impro | ve the h | nealth an | d envir | onmen | nt of all i | Kansans | | | |

This is where you put that information on the quarterly report.



The second report you'll use is the BFPC Contact report, which is more complicated. Some smaller agencies may choose to keep a separate way of tracking contacts so that you don't have to manipulate an Excel spreadsheet. Or you could run the report and then manually count them. But if you have too many contacts for that, make sure to review the BFPC Quarterly report training on the Kansas WIC website training page under Breastfeeding for step by step instructions on how to manipulate the report.

One key part to remember, which is reviewed in the step by step instructions, is that in order to find the total number of women contacted, once you save the Excel doc, remove duplicates IDs so each mom is only counted once. In this example, 58 unique values (in other words, individual clients), remain.



Quarterly Report



| | BFPC Quarterly Report | | | | | | | | | | | | | |
|------------------|-----------------------|--------------|-----------------|-----------------|---------------|-------------------|---------|-------|---------------------------------------|-----------------|-----------------|-----------------|-----------------|--|
| | | | | | | | | | | | | | | |
| Agency/Clini BF | PC Co | ntacts | Repo | rt | # BFPC | clients con | tacted: | 58 | | Quarter | | | | |
| Date: | | | | | PG & BF | WIC Case | load: | | | 1 st | 2 nd | 3 rd | 4 th | |
| BFPC Name: | | | | | Avg we | ekly hours | : | | | Oct-Dec | Jan-March | July-Sept | | |
| BFPC Supervisor: | | | | | Clients/ | hour: | | ##### | | Due Jan 20 | Due Apr 20 | Due July 20 | Due Oct 20 | |
| # Groups/Classes | prepared | d for: | | | Contact | s/hour: | | ##### | | | | | | |
| | | | | | | | | | ** 2nd quarter must include BFPC eval | | | | | |
| | | Contact Type | | | | | | | | | | | | |
| Category | Clinic Visit | Email | Social Media | Group/ Class | Home Visit | Hospital Visit | Mail | Other | Phone Attempt | Phone Call | Text 1-way | Text 2-way | Total | |
| Initial Pregnant | | | | | | | | | | | | | 0 | |
| Follow up Preg | | | | | | | | | | | | | 0 | |
| Initial BF/PP | | | | | | | | | | | | | 0 | |
| Follow up BF/PP | | | | | | | | | | | | | 0 | |
| Total Contacts | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |

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The number of "unique values" (or unduplicated clients) goes on the quarterly report as the total number of clients that the BFPC contacted. This peer counselor talked with 58 individual moms during the quarter. Manipulate the report to determine the number of each type of contacts for the different categories of women to see the total number of contacts made for the quarter, seen here as the bottom section. Again, follow the instructions on the BFPC quarterly report training on the Kansas WIC website training page under breastfeeding.



Quarterly Report: How to use the information



BFPC clients contacted vs PG & BF WIC Caseload &

BFPC clients contacted vs total # contacts

| BFPC Quarterly Report | | | | | | | | | | | | | | |
|-----------------------|-----------------|--------|-----------------|-----------------|---------------|-------------------|--------|-------|------------------|-----------------|-----------------|-----------------|-----------------|--|
| | | | | | | | | _ | | | 0 | | | |
| Agency/Clinic: | | | | | | clients cor | | 3 | | | Quarter | | | |
| Date: | | | | | PG & BF | WIC Case | load: | 8 | | 1 st | 2 nd | 3 rd | 4 th | |
| BFPC Name: | | | | | Avg we | ekly hours | : | | | Oct-Dec | Jan-March | April-June | July-Sept | |
| BFPC Supervisor: | | | | | Clients/ | hour: | | ##### | | Due Jan 20 | Due Apr 20 | Due July 20 | Due Oct 20 | |
| # Groups/Classes | prepared | d for: | | | Contact | s/hour: | | ##### | | | | | | |
| | | | | | | | | | ** 2r | nd qua. tei | r must incl | ude BFPC | eval | |
| | | | | | | С | ontact | Туре | | | | | | |
| Category | Clinic Visit | Email | Social Media | Group/ Class | Home Visit | Hospital Visit | Mail | Other | Phone Attempt | Phone Call | Te.:t 1-way | Text 2-way | Total | |
| Initial Pregnant | 1 | | | | | | | | | | | | 0 | |
| Follow up Preg | | | | • | | | | | | 1 | | | 0 | |
| Initial BF/PP | | | | • | | | | | | | | | 0 | |
| Follow up BF/PP | 7 | | | | | | | | | 1 | | 3 | 0 | |
| Tetal Contact | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 0 | |

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Now that you've got the numbers entered into the report, and you have a better understanding of what the numbers represent, it's time to assess the information. There are two key items to look at.

In this example, the BFPC contacted 3 women, but there are 8 pregnant and breastfeeding women receiving WIC services at her agency who are eligible for her services. Aim for roughly 80%, as there will always be clients not interested in talking with a BFPC for one reason or another. So for this example, we would hope that she would have contacted 6 or 7 of them. If there is a large discrepancy, make sure to assess the referral process in your agency to ensure the BFPC is becoming aware of all potential clients. It may also simply be that the BFPC doesn't have enough hours to contact all of the women on WIC.

The other key thing to assess is the total number of contacts compared to the number of clients contacted. In this example the BFPC had 6 contacts, spread out between the 3 clients she contacted, which would average 2 contacts per client over a 3 month timespan. In general, most clients should be contacted at least monthly, so we would hope that the average number of contacts per client is closer to 3. We want the total number of contacts to be significantly higher than the number of clients contacted because more contacts with each client means more relationship building.

An easy way to help you remember how to compare the data is that the two numbers that are close together on the report should be similar. The two numbers that are far apart should be substantially different from each other.

In addition to those two key assessments, when assessing the report before submitting it to the state office, here are some other things to consider:

- Look at the # of hours spent on "other Activities." If the BFPC has difficulties contacting clients frequently, you may have to
 consider cutting back on BFPC time in the community someone else at the HD can maybe help more with this. Community
 engagement & partnership are important, but contacting clients & building those individual relationships is how the job as a
 peer counselor makes the most impact.
- Compare the # of quick vs long contacts. For example, mailing or texting 1-way may take 5 minutes whereas a clinic visit or
 class may take 30 minutes to an hour or more. If the BFPC has a lot of potentially long contacts, the total number of contacts
 would generally be lower than if she has a lot of likely quick contacts.
- Look at Initial vs follow up contacts. There should be more follow up than initials if not, this may be an indicator that we're not contacting an individual mom enough.
- Compare the # of hours to the caseload and expectations for frequency of contacts. This needs to be tailored for each individual clinic and clearly stated to peer counselor staff. Work with the state office staff if you are unsure what the expectations should be for your agency.
- Compare this QR to last time. Did the numbers increase or decrease significantly? If so, why? Perhaps the BFPC was gone for a while due to something like maternity leave or vacation. Anticipate the # of contacts to be lower.



Quarterly Report



State Agency use:

- ❖ Guidance to agencies where BFPC struggles with frequency of contacts
- Support to agencies where referrals aren't occurring on a consistent basis
- Learn new ideas to share with other agencies
- Learn what activities are going on in communities across Kansas
- Learn if challenges with community partners
- Learn BFPC's aspirations or if has specific concerns.
- ❖ Assess where to allocate potential future available resources
- * Report to FNS how awesome we're doing!

Is there anything else you would like to mention about your BFPC services?

FNS use:

- Tracks how we're utilizing our resources
- Justify future funding

To protect and improve the health and environment of all Kansans

The state agency uses these reports for (read from slide). It is especially helpful if agencies put information into the bottom section of the report, which asks if there is anything else to mention about services. Consider adding things such as future goals and plans, ideas for training, or how with relationships with external partners are going.





Contact the State BFPC Program Coordinator with questions!



To protect and improve the health and environment of all Kansans